

## DOVER INDOOR POOL SCHEDULE Effective May 4, 2015



## 516-6441

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Lap 5:30-8:30am	Early Bird Lap* 6:30-8:30am	Early Bird Lap 5:30-8:30am	Early Bird Lap* 6:30-8:30am	Early Bird Lap 5:30-8:30am		
Hydrofitness 8:30-9:30am	Program/Rental 8:30-9:30am	Hydrofitness 8:30-9:30am	Program/Rental 8:30-9:30am	Hydrofitness 8:30-9:30am	Program/Rental 7:00-11:00am	Masters Swim
Therapy Swim 9:30-11:00am	Therapy Swim 9:30-11:00am	Therapy Swim 9:30-11:00am	Therapy Swim 9:30-11:00am	Therapy Swim 9:30-11:00am		9:00-11:00am
Adult Lap Swim 11:00-2:00pm	Adult Lap Swim 11:00am-2:00pm	Adult Lap Swim 11:00-2:00pm	Adult Lap Swim 11:00am-2:00pm	Adult Lap Swim 11:00-2:00pm	Adult Lap Swim 11:00am-1:00pm	Adult Lap Swim 11:00am-1:00pm
Rec Swim	Rec Swim	Rec Swim	Rec Swim	Rec Swim	Program/Rental 1:00-2:00pm	Program/Rental 1:00-2:00pm
2:00-4:00pm	2:00-4:00pm	2:00-4:00pm	2:00-4:00pm	2:00-4:00pm	Rec Swim 2:00-5:00pm	Rec Swim 2:00-4:00pm
Program/Rental 4:00-7:00pm	Program/Rental 4:00-6:30pm	Program/Rental 4:00-7:00pm	Program/Rental 4:00-6:30pm	Program/Rental 4:00-7:00pm	Program/Rental 5:00-9:00pm	Mighty Seals 4:00-5:30pm
Adult/Rec^	Masters 6:30-7:45pm	Adult/Rec^	Masters 6:30-7:45pm	Adult/Rec^	The shaded blocks are the best times to bring children in to swim and use our diving board!	
7:00-9:00pm	Adult /Rec^ 7:45-9:00pm	7:00-9:00pm	Adult /Rec^ 7:45-9:00pm	7:00-9:00pm		

## ^ The Dive well may be closed during certain class times \*- 3 lanes available until 6:45am

REC SWIM: During this time children under 45 inches must have an adult in the water with them. No lane lines will be in, except for full lane rentals. No equipment is allowed in the pool, except for life jack-

ets. Children wearing a life jacket must have a parent in the water with them within arms reach. Children are not allowed off of the diving board wearing life jackets.

**LOCKER ROOM POLICY: Children age 4 and over are required to use same sex locker rooms.** We have two family changing areas near the lobby for those that need them. Please see the desk attendant for more information.





DOVER RESIDENT	Daily	Punch Ticket(12)	Yearly Indoor	6 Month Indoor					
Adult	\$5.00	\$50.00	\$160.00	\$95.00					
Senior	\$3.00	\$30.00	\$75.00	\$40.00					
Youth	\$3.00	\$30.00	\$75.00	\$40.00					
NON-RESIDENT									
Adult	\$7.00	\$70.00	\$320.00	\$186.00					
Senior	\$4.00	\$40.00	\$150.00	\$84.00					
Youth	\$4.00	\$40.00	\$150.00	\$84.00					

Children age 3 and under are required to wear a swim diaper while swimming. These are available at the front desk for \$2 each.

Thank you for understanding.

Yearly memberships are good for one year from the date of purchase.

Indoor Pool Rental \$140/Hr. (for 30 or less) Add add'l \$15/hr. for each group of 30 people or portion of 30 people over the original group. Lane rentals \$40/Hr. Diving well \$40/Hr.

DOVER RECREATION RESERVES THE RIGHT TO CHANGE THIS SCHEDULE WITHOUT PRIOR NOTICE.